## .....Breakfast....

Sourdough toast / Grain sourdough / Fruit sourdough 6.5

Banana bread (GF) 5.5

Ham and cheese croissant 7.5

### Bacon and egg roll 11

Tomato relish, bacon, egg on artisan roll

### Scrambled egg wrap 14

Tomato relish, bacon, scrambled eggs, hash brown, spinach

### Eggs on sourdough 10.5

Holbrook paddock free range eggs cooked your way

#### Mushrooms 18.5

Thyme mushrooms, grain sourdough, lemon tahini, salsa Verde, pine nuts, fresh herbs (V, GFO, DF, N) Add eggs 4 Add bacon 5

#### Smashed avocado 16

grain sourdough, hemp seed dukkha, feta, lemon, herbs (VO, GFO, DFO, N) Add free range eggs 4 Add halloumi 4

### Deluxe Brekkie 22

Free range eggs your way, sourdough toast, bacon, mushroom, fried tomato, halloumi, spinach, tomato relish (GFO)

### Eggs Benedict 18

Sourdough, spinach, free range eggs, hollandaise your choice of bacon or smoked salmon

### Apple crumble porridge 16.5

Organic superfood porridge, apple compote, salted pecan crumble, fresh berries (GF, DF, V, RSF, N)

### Lemon myrtle pancakes 18.5

berry chia jam, coconut yogurt, fresh berries and coconut biscuit crumb (V, GF, DF, RSF, N)

#### Acai Bowl 16.5

organic acai, house made granola, berries, banana, coconut and almond flakes (GF, DF, V, RSF, N) Add peanut butter 1.5

# ..... Kids .....

Bacon and eggs 8.5
Buttermilk Pancake 9.5

strawberries, maple, ice cream, sprinkles

# ..... Extras .....

bacon/ smoked salmon 5 halloumi/ mushrooms/Avocado/ fried tomato Holbrook free range eggs/ grilled chicken/ hash brown 4 Spinach 3 Relish/hollandaise/gluten free bread 1.5

# ..... Salads .....

#### Kale Caesar 16

Cos, Kale, rocket, bacon, parmesan, free range egg, house croutons, cherry tomato, dressing, grilled chicken

### Sweet potato and Buckwheat 16

Buckwheat, sweet potato, feta, spinach, pomegranate, almond flakes, parsley, yogurt dressing (GF, DFO, VO, N) Add chicken 4

#### Green bowl 16

Brown rice, kale, broccolini, snow peas, asparagus, toasted nuts seeds, green goddess dressing (GF, V, DF, N) Add egg 2 Add halloumi 4

## .....Turkish Focaccia 11 .....

Gluten free bread available

**Chicken & Bacon -** sundried tomato, mayo, tasty cheese, baby spinach

**Pumpkin -** roasted capsicum, sundried tomato, feta, basil pesto, baby spinach

Roast beef - seeded mustard mayo, red onion, tomato, tasty cheese, baby spinach

**Turkey -** Cranberry sauce, avocado, tasty cheese, baby spinach

# ......Wraps 11 .....

Gluten free available

**Chicken Caesar -** chicken, Caesar dressing, cos lettuce, bacon, parmesan, egg

Chicken schnitzel - mayo, sweet chilli, tomato, tasty cheese, baby spinach

**Chicken salad-** lettuce, tomato, cucumber, capsicum, cheese, carrot, mayo

## .....Toasties .....

Ham, cheese, tomato 7.5 Chicken, cheese, avocado 8.5 Roast beef, cheese, tomato, mayo 8.5

GF-gluten free GFO-gluten free option available
V-vegan VO- vegan option available
N-contains nuts RSF- refined sugar free
DF- dairy free DFO- dairy free option available

Not all menu changes can be accommodated please inform us of any food allergies

Breakfast till 1:30pm weekdays kitchen closes at 2:30pm weekdays and 1:30 Saturday please order at counter

# .....Coffee .....

House blend by axil coffee
White 4
Black 3.8
Cold brew 4
Hot chocolate 4
Nutella hot chocolate 4.5
turmeric latte 4

Mug 50c Soy milk, Lactose free, Almond milk, Coconut milk, Oat milk 60c

## .....Real Chai ......

#### Chai latte 4

All natural - contains nothing but certified organic panela sugar, certified organic spices, certified organic black tea, salt & love

### Honey chai tea latte 5

Spices and organic black tea infused with honey and milk

# .....Iced Drinks .....

Iced latte 5

Espresso, ice and milk

Iced coffee 6

Espresso, ice cream, milk, whipped cream

Iced chocolate 6

Chocolate, ice cream, milk, whipped cream

Iced chai 6

Real chai, ice, milk

# ..... Bodhi organic tea .....

Made with 100% organic ingredients

### Honestea English breakfast

Sri Lankan black tea

### Black beautea earl grey

earl grey, mango, sweet orange, rose petals and cornflower blue petals

### Viriditea green

Sencha green tea and jasmine green tea

#### Serenitea

chamomile, spearmint, lemon verbena, lavender and lemon balm

#### Zest tea

ginger, lemongrass, lemon peel, turmeric, lemon myrtle

### Vitalitea

peppermint, spearmint, ginger, sweet orange peel, withania, Siberian ginseng and bacopa

#### Masala chai

cinnamon, black tea, ginger, cloves, cardamom and aniseed

# ..... Shakes ......

Chocolate, Banana, Strawberry, Vanilla, Caramel
Milkshake 5.5
Kid's milkshake 4
Thick shake 6.5
Nutella thick shake 9.5

Dairy free option available made with almond milk and coconut ice cream Milkshake 1.5, Thick shake 2.5

# ..... Fresh Juice .....

Cold pressed orange juice 8
Orange lemon ginger turmeric juice shot 4

# ..... Smoothies 8.5 .....

All DF, V, GF

### Tropical

Strawberry, passionfruit, mango, orange juice, coconut milk

### Green

Mango, Spinach, kale, banana, chia seeds, coconut water

### Acai Berry

Acai, Raspberry, blueberry, strawberry, passionfruit, coconut milk

### Snickers

Banana, dates, peanut butter, cacao, coconut milk, chocolate protein powder

add protein powder 2.5

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